

Questions that have been asked at Advancement Testing

A or B

- * The Japanese word for founder is (A) Shihan or (B) Soke
- * The desired target for a traditional reverse punch is (A) nose or (B) solar plexus
- * The "Chart" of upper and lower body techniques is known, in Japanese as (A) kihon or (B) bunkai
- * There are two bladed weapons taught in our dojo - they are the Katana and the (A) Kama or (B) Sai
- * There are (A) 3 or (B) 4 stars on our Mizu Gami patch to represent Shimabuku's masters.
- * The dragon on the Mizu Gami patch represents, in mythology, (A) attainment or (B) good fortune.
- * The Japanese term for Side kick is (A) yoko geri or (B) mae geri
- * Chotoku Kyan taught Shimabuku (A) Gojo Ryu or (B) Shorin Ryu
- * Dues are due (A) at the end of the month or (B) on the 28th of the month.
- * On the page that lists the master who have been the "Roots of Isshinryu" - how many people are still living today? (A) 0 or (B) 1
- * The Sempai/Kohai relationship employs a Japanese method known as (A) giri or (B) onjin
- * In rank, 4th Kyu has (A) 2 or (B) 3 stripes
- * In rank, a 3rd kyu is a (A) brown or (B) green belt
- * Shimabuku studied Kobudo under (A) Master Chatan Yara or (B) Master Taira Shinken
- * Which kata is also known by a name which can mean "karate is my secret"? (A) Kusanku or (B) Wansu
- * The first name of our style of karate was (A) Chan Migwa or (B) Tomari-Te
- * Who gave Soke Shimabuku the name "Son of Old Man"? (A) Master Sunsui or (B) Mayor of Kyan
- * Hangestu is another name for the kata (A) Wansu or (B) Seisan.
- * The term used to describe the basic "chart techniques" is (A) Kihon or (B) Kanji.

- * Naihanchin Kata comes from (A) Gojo-Ryu or (B) Shorin-Ryu
- * There are (A) 2 or (B) 3 Dan (Black Belt ranks) which do not follow the "standard" Japanese number conventions.
- * In Traditional Isshinryu Kata taught in this dojo's adult class, there are (A) 5 or (B) 6 weapons used.
- * The Term for spear hand is (A) uraken or (B) nukite.
- * Isshin-Ryu means (A) One-Heart-One-Mind or (B) One-Heart-Way
- * The Bubishi is the same as (A) Karate Code or (B) Karate Creed.
- * Your most important weapon is (A) waza or (B) mind
- * Which of the following were names Master Shimabuku used for his "style" BEFORE Isshin-Ryu. (A) Chan-Migwa or (B) Sun-Nu-Su.
- * Show a TONFA - ask is this (A) a Kama or (B) a Tonfa

True/False

- * True or False: In the stance Seisan, the weight distribution of your feet is 50/50
- * True or False - Master Vasquez and Sensei Banks are the same rank.
- * True or False - Sensei Diven and Sensei Banks are the same rank.
- * True or False - The word Dojo means "Place of the Way"
- * True or False - All weapons used in kata in our dojo were, historically, farm implements.
- * True of False - If you want to receive respect, you must respect others.
- * True or False - The current head of Isshinryu that we recognize is Grandmaster George Iberl
- * True or False: The Karate Creed was developed by Master Ed McGrath.
- * True of False: One of the Karate Codes is "The Blood Circulating is similar to the sun and the earth.
- * True of False - A Dojo is a sanctuary
- * True or False - The Karate Creed comes from the Bubishi
- * True or False - There are 6 kata that share names with stances.
- * True or False - Master Vasquez's Rank is Go Dan.

- * True or False - Isshinryu was founded on Okinawa.
- * True or False - If I bow my head far enough that I can't see you - it means that I don't trust you.
- * True or False - That Karate Creed reads:

"I come to you with empty hands I have no weapons. But should I be forced to defend myself, my principles or my honor, should it be a matter of life or death, yours or mine, then here are my weapons, karate my empty hands."
- * True or False - Kumite and sparring are the same thing.
- * True or False - Bunkai is the study of techniques and applications
- * True or False - Master Shimabuku took martial art training personally from Master Chatan Yara.
- * True or False - Japanese name for the "Cat Stance" is Chinto Dachi.
- * True or False - There is one open-hand kata taught only to black belts.
- * True or False - One of the Isshinryu Codes is:

"A manner of drinking and spitting is either hard or soft".